Joseph's Breakfast Menu

THE TARHEEL \$10.50

Two Eggs any style with Bacon, two Pancakes, warm Syrup and Butter.

THE EYE OPENER \$10.50

A poached Egg atop corned Beef Hash, served with Grits or Hash Browns and Toast.

EGGS BENEDICT \$12.50

Two poached Eggs and Canadian Bacon on an English Muffin topped with Hollandaise, served with Hash Browns.

STEAK & EGGS \$15.00

6 ounce Skirt Steak, two Eggs any style served with Hash Browns and Toast.

BREAKFAST BURRITO \$10.75

Scrambled Eggs, Ham, Spinach, Red Bell Pepper, Low Fat Jack Cheese wrapped in a Whole Grain Flour Tortilla served with Guacamole and Salsa.

EGG WHITE SCRAMBLED TURKEY WRAP \$10.75

Scrambled Egg Whites, Spinach, Roast Turkey, Low Fat Cheddar Cheese wrapped in a Whole Grain Flour Tortilla served with cured Roma Tomatoes and fresh Fruit.

EGGS ANY STYLE <u>One Egg</u> <u>Two Eggs</u> \$5.50 \$7.50

Served with Hash Browns or Grits, and your choice of Toast or Biscuits.

EGGS ANY STYLE WITH BACON, SAUSAGE OR HAM

One Egg Two Eggs \$9.50 \$11.00

Served with Hash Browns or Grits, and your choice of Toast or Biscuits.

EGG WHITE SPINACH, ONION & CHEDDAR OMELET \$10.50

Egg Whites, Spinach, Onions and Low Fat Cheddar served with fresh Fruit and Whole Wheat Toast.

HAM AND CHEESE OMELET \$10.50

Tender Ham, Cheese Blend and fluffy Eggs served with Grits or Hash Browns, Toast or Biscuits.

WESTERN OMELET \$10.50

Fluffy Eggs, grilled Ham, Onions, Peppers and Cheddar Cheese, served with Grits or Hash Browns, Toast or Biscuits.

CREATE YOUR OWN OMELET \$12.50

Choose any of the following: Bacon, Ham, Cheeses, Mushrooms, Onions, Peppers and Tomatoes, served with Grits or Hash Browns, Toast or Biscuits.

OMELETS AND SCRAMBLED EGGS MAY BE ORDERED WITH EGG WHITES ONLY

CONTINENTAL BREAKFAST \$9.50

Choice of chilled Juice or fresh Fruit Cup, Pastry, Coffee, Tea or Milk.

Consuming raw or undercooked meat, seafood and eggs may increase your risk of food-borne illness.

Joseph's Breakfast Menu

Pancakes Short Stack (2) Classic French Toast Belgian Waffle Served with Butter and Warm Syrup The Reverend McKain Belgian Waffle topped with a deep fried boneless Breast of Chicken, Butter and Warm Syrup \$8.50 \$12.50
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Butter and Warm Syrup
Top your selection with Blueberries or Strawberries \$3.00
BEVERAGES BREAKFAST BREADS
Banana, Strawberry, Pineapple Smoothie \$5.00 Toast \$3.50
White Whole Wheat Pye
Juices \$3.50 White, Whole Wheat, Rye Orange, Grapefruit, Apple, Tomato, V-8 Biscuit \$3.50
Milk \$3.00 Danish Pastry \$4.00
Non-Fat, 2% Regular, Chocolate, Soy \$3.00 Cheese, Apple, Raspberry
Hot Chocolate \$3.00 Muttin \$4.00
Tazo * Teas Chasse from a selection of Hot Teas Blueberry, Raisin Bran Bagel with Cream Cheese \$5.00
Choose from a selection of not reas
Soft Diffies Fnalish Muffin
Dogular or Whole Wheet
Cappuccino—Latte \$4.00 Regular of Whole Wheat Bottled Waters \$4.00
San Pellegrino, Acqua Panna, Perrier BREAKFAST CEREALS San Pellegrino, Acqua Panna, Perrier
Hot
BREAKFAST MEATS Steel Cut Oatmeal Topped with \$6.00 Raisins, Pecans, Brown Sugar, Cinnamon
Breakfast or Country Ham, Bacon \$5.50 Cold \$5.00
Sausage, Link or Patty \$5.00 Cheerios, Raisin Bran, Special K
Corned Beef Hash \$6.00 Corn Flakes, Frosted Flakes, Fruit Loops or Gluten Free Rice Chex
SIDES 'N SUCH \$6.00
Market Fresh Fruits \$6.00 \$6.00
Strawberries \$6.00
Hash Browns or Grits \$3.00
Greek Yogurt with Market Berries \$6.00 topped with Almond Brittle
Low Fat Yogurt Berries, Fruit or Plain \$5.00

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